

TIPS FOR LIVING WITH OSTEOARTHRITIS: WEBINAR



In Collaboration with
Arthritis Society Canada

Wednesday, August 27, 2025
11:00 a.m. – 12:00 p.m.

Join this webinar to learn about tips for living with osteoarthritis. The webinar will cover the following topics:

- Overview of the condition
- Strategies for symptom management
- Practical daily living tips focused on modifying activities to minimize joint irritation and make everyday tasks more manageable

Register by phone or email:
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